



Four Corners Football Club

GAME DAY PROTOCOL – NERP FIELDS



Four Corners FC is excited to return to the pitch and welcome other clubs to our fields for game days. We would ask that FCFC teams and ANY visiting teams to our fields observe the following game day guidelines;

PRE AND POST GAME

Players, coaches, referees and spectators must:

- Maintain social distancing guidelines when entering and exiting the fields.
- Non-active participants must wear face coverings/masks at all times when on the fields.
- Bring their own equipment (hand sanitizer, water bottle, towels, etc.) that should not be shared between individuals.

Pregame:

- Players, coaches, and referees must not enter the fields until 30 minutes prior to their game.
- Spectators must not enter the fields until 10 minutes prior to the game.
- On field warm-ups should be limited to 15-20 minutes.
- Pre-game coin toss (if necessary) should follow social distancing guidelines and participants should be wearing masks.

Postgame:

- Handshakes should be replaced with socially distanced applause line or as determined/agreed by the coaches of each team.
- Players, coaches and spectators should leave the fields immediately after their game and therefore must not gather in a group for a team debriefing. If required, it can be completed off the fields and in an environment whereby players and coaches can maintain appropriate social distancing.

DURING THE GAME

Players and Coaches:

- Maintain social distancing guidelines when entering and exiting the fields.
- Should try to remain socially distanced when on the sideline before, during and after games.
- Wear a face mask when not in play.
- Players should be assigned individual pinnies for the entirety of each game.
- Substitutes waiting to enter the playing field should put their pinnie in their own bag before leaving the bench area.
- Players should not share pinnies or water bottles.
- If a player is injured on the field, the referee will signal for the coach to come onto the field. Only one coach wearing a mask should enter the field.
- If an additional person is required to help the player off the field, the coach needs to select a player from his/ her own team to help. Only the coach or Team Official should tend to the injured player.

Equipment:

- Have extra balls available. Any ball that comes into contact with anyone not playing, should be



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disinfected before being reused.

- Surfaces of shared equipment such as soccer balls, cones, and any other equipment should be disinfected before and after each game.
- Players should not share clothing such as training bibs, jerseys etc
- FCFC volunteers will be responsible for disinfecting goal posts after each game and/or any benches used.

Spectators

- Follow FCFC guidelines and requirements.
- No spectator should attend a game if they are displaying symptoms of COVID-19.
- FCFC recommends 1 spectator per family when possible.
- If more family members must attend, a family unit should be comprised only of people who reside in the same household. These family units should sit together and socially distance from other family units before, during and after the event.
- FCFC requests that spectators do not enter the facility/fields until 10 mins prior to the scheduled game start time.
- Unsupervised participants (siblings and pets) should not be permitted at the event.
- Spectators will sit on the same side of the field as their team and opposite their opponents player area.
- Spectators and player areas must be on the grassed area of the fields (not on the turf) and should have a space of a minimum of 10 ft between both.

Referees

- Should follow field guidelines and requirements.
- No Referee should officiate a game if they are displaying symptoms of COVID-19.
- Must be wearing a mask during check in and when leaving the field.
- Confirm with coaches or Team Official from each team that all participants have passed the health check prior to the Game.
- Use only your own equipment.
- Make sure to have at least 3 sanitized game balls available throughout the game.
- Your role is not to enforce the protocols at FCFC. Your role is to note and report any non-compliance to FCFC BOD.



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HEALTH CHECKS

Prior to participation, referees and coaches must obtain confirmation from each player, coach and official that:
They are not experiencing any of the symptoms related to COVID-19 below:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle Pain
- Sore Throat
- New loss of taste or smell
- Nausea
- Vomiting
- Diarrhea

They have not had contact with anyone who has had a confirmed case in the last 14 days.
They have not traveled out of state in the 14 days prior to the game.
They are not restricted from participation by a healthcare provider.
Each individual should check their own temperature and refrain from participation if they have a fever (>100.4°F).

A representative from each team (i.e. coach or team official) must confirm with the opposing team that all participating players and staff have met the above requirements. FCFC would encourage teams to retain any health checks completed either electronically or via hard copy until the end of the season.

All referees must confirm individually with both team representatives that all referees have met the above requirements.

Any individual who is unable to confirm this criteria must be restricted from participation and asked to leave the facility/fields.



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Game Day – Positioning of Home & Away Teams

